

Priority Learning Series

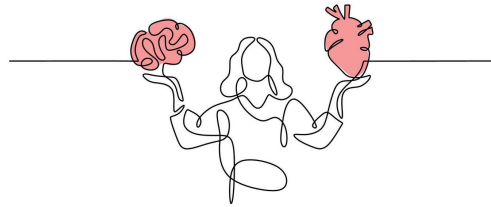
Emotional Intelligence Eight-Day Series

Each day runs from 8:30 to 4:30. All materials, food, assessments, and personal coaching are included.

Elements:

Appreciative Inquiry
Assertiveness and Problem Solving
Self-Regard and Self-Actualization
Emotional Self-Awareness
Empathy and Mindfulness
Emotional Expression and Language
Flexibility and Impulse Control
Goal Setting
Independence and Optimism
Interpersonal Relationships
Managing v. Coping
Mastering Body Language
Mental Models
Organizational Skills
Positive Stressors
Reality Testing
Rule Bending
Social Responsibility
Systemic Thinking
Stress Tolerance
Visioning Emotional Future

Great Self-
Assessment Tool for
Life and Work



Overview:

This series focuses on “Self” and the impact on others. It offers essential skills to become stronger, bolder, and truer to yourself while being better for those around you. Everyone receives a personalized Emotional Intelligence evaluation, workbook, and learner’s guide, complete with exercises and guidance for emotional growth.

Who Should Attend:

- ✓ People who are willing to change their lives and effectiveness
- ✓ Any employee who wants to improve their emotions
- ✓ Employees, Managers, Leaders

Featuring Eqi



Priority Learning

Inspiring Tomorrow's Performance